## THOUGHTS TO THINK

HERE ARE SOME SUGGESTIONS FOR NEW THOUGHTS TO THINK

- ➢ YOU ARE GUIDED.
- **EVERYTHING IS AS IT SHOULD BE.**
- **EVERYTHING HAPPENS FOR YOU.**
- ➢ IT WAS MEANT TO HAPPEN THE WAY IT DID.
- YOU ARE EXACTLY AS YOU SHOULD BE.
- EVERYTHING HAPPENS RIGHT ON TIME.
- ➤ THE UNIVERSE DOES NOT MAKE MISTAKES.
- ➢ YOU ARE NOT YOUR MIND − YOU ARE NOT YOUR THOUGHTS.
- LOVE IS ALWAYS AN OPTION.
- Unconditional love is something I do for myself.
- ▶ I am responsible for everything I think and feel.
- NO ONE CAN CAUSE AN EMOTION INSIDE ME.
- PEOPLE ARE ALLOWED TO BEHAVE THE WAY THEY WANT WE ARE ALLOWED TO REACT THE WAY WE WANT.
- > IT IS NOT WHAT WE DO IT IS WHO WE ARE.
- THERE IS NOTHING YOU CAN DO THAT WOULDN'T BE WORTHY OF FORGIVENESS.

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- > THERE IS NOTHING WRONG WITH YOU.
- YOU ARE ENOUGH.
- NOTHING HAS GONE WRONG HERE.
- ▶ WE ARE HERE TO GET TO THE WORK OF OURSELVES.
- > YOUR PURPOSE IS THE LIFE YOU ARE LIVING NOW.

- ➢ YOU ARE DEEPLY LOVED.
- The world longs for what you have to offer.
- THERE IS NOTHING YOU TRULY WANT THAT YOU CAN'T HAVE.
- ➤ HARD WORK FEELS AMAZING.
- YOU CAN DO HARD THINGS.
- FAMILIARITY IS NOT THE SAME AS COMFORT.
- ➤ UNITY IS NOT THE SAME AS UNIFORMITY.
- SUFFERING IS SOMETIMES FAMILIAR, BUT NEVER NECESSARY.
- ➢ WORRY SERVES NO PURPOSE.
- MONEY IS EASY.
- MONEY IS FUN.
- MONEY IS EVERYWHERE.
- ➤ THERE IS PLENTY OF TIME.
- YOU COULD DO TWICE AS MUCH.
- EVERYTHING YOU DO IS A CHOICE.
- ➤ YOUR PAST IS PERFECT.
- THERE IS NOTHING THEY OR IT CAN DO TO MAKE YOU HAPPY THAT IS YOUR JOB.
- ➢ WHAT YOU DO DOES NOT MAKE YOU HAPPY WHAT YOU THINK DOES.
- ➢ YOU DON'T HAVE FUN − YOU ARE FUN.
- ➢ WHAT YOU LOOK FOR, YOU WILL FIND.
- What others think about me is 100% about them, not me (good and bad).
- TRYING TO GET SOMEONE TO LOVE YOU SO YOU CAN FEEL LOVE IS LIKE TRYING TO GET SOMEONE TO EAT FOR YOU SO YOU CAN FEEL FULL.

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HATING OTHER PEOPLE SO THEY WILL FEEL YOUR HATE IS LIKE SWALLOWING POISON HOPING THEY WILL DIE.