WHAT REMAINS?

IF YOU TOOK BUFFERING AWAY AS A SOURCE OF ENTERTAIN	
ESCAPE, JOY, PLEASURE, ACTIVITY, OR PASTIME, HOW WOULD	YOUR
life look differently?	
HOW MUCH TIME WOULD YOU FREE UP AND WHAT MIGHT YO	OU DO
WITH THAT TIME?	
WITH HIME.	

THE ALPHA
MALE COACH

DAILY? WHY?					
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