

WHAT ARE THE FEELINGS YOU CHOOSE?

YOU CAN DECIDE WHAT EMOTIONS SERVE YOU IN THIS BALANCE BETWEEN POSITIVITY AND NEGATIVITY.

YOU CAN'T FEEL HAPPY ALL THE TIME AND I KNOW I HAVE CONVINCED YOU THAT YOU DON'T WANT TO. YOU CAN DECIDE WHICH EMOTIONS WILL HELP BALANCE POSITIVITY AND NEGATIVITY.

I LOVE THE IMAGERY OF WALKING INTO A BAR AND HAVING ALL OF THE EMOTIONS ON TAP. ORDER ONE, DRINK IT, AND FEEL IT FOR 60 SECONDS. WHAT ARE THE ONES YOU NEED AND THE ONES YOU WANT TO FEEL ON PURPOSE?

POSITIVE

NEGATIVE
