

VISUALIZE YOUR FUTURE SELF

HOW DO YOU {INSERT BUFFER}, IF AT ALL?

HOW DO YOU THINK AND FEEL ABOUT {INSERT BUFFER}?

WHAT IS YOUR STYLE (THE CLOTHES AND ACCESSORIES YOU WEAR)?

HOW DO YOU THINK AND FEEL ABOUT YOURSELF AS IT PERTAINS
TO {INSERT BUFFER}?

HOW DO YOU HANDLE YOURSELF AROUND PEOPLE (SOCIAL PRESSURE)?

HOW DO YOU HANDLE YOURSELF EMOTIONALLY?

WHAT ROLE DOES {INSERT BUFFER} PLAY IN YOUR LIFE?

HOW IS YOUR RELATIONSHIP WITH YOURSELF?
