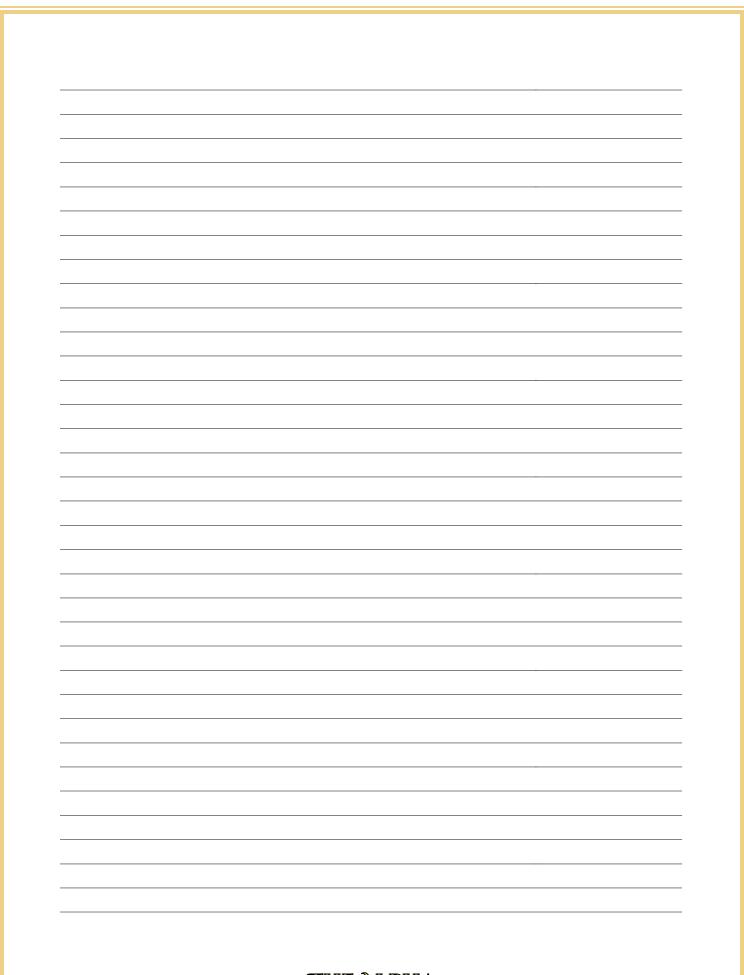
THE PLAN

TAKE YOUR DO GOALS LIST AND STRATEGIES LIST AND SORT THEM INTO THE ORDER OF EXECUTION. MAKE THEM CLEAR AND AS SPECIFIC AS POSSIBLE.

DETERMINE HOW MUCH TIME EACH TASK WILL TAKE. ADD EACH ITEM TO YOUR CALENDAR WITH THE TIME FRAMES YOU'VE DECIDED UPON. DO GOALS AND STRATEGIES IN ORDER:

THE ALPHA
MALE COACH



THE ALPHA MALE COACH