

PURPOSE PLANNING

WHAT ARE THE FIVE (5) MAIN OBSTACLES YOU WILL FACE IN FULFILLING YOUR PURPOSE? WRITE DOWN EACH ONE AND YOUR STRATEGY FOR OVERCOMING IT.

EXAMPLE

OBSTACLE: MY OBSTACLE IS FEAR AND HIDING. I DO THIS BY INDULGING IN CONFUSION AND OVERWHELM AND MAKING THE EXCUSE THAT I AM JUST TOO BUSY.

STRATEGY: I WILL PLAN CAREFULLY AND HONOR MY CALENDAR WITHOUT FAIL. I AM WILLING TO FEEL AFRAID AND DO THE MIND MANAGEMENT I NEED TO DO TO OVERCOME IT.

OBSTACLE 1: _____

STRATEGY 1: _____

OBSTACLE 2: _____

STRATEGY 2: _____

OBSTACLE 3: _____

STRATEGY 3: _____

OBSTACLE 4: _____

STRATEGY 4: _____

OBSTACLE 5: _____

STRATEGY 5: _____

OBSTACLE 6 (BONUS): _____

STRATEGY 6 (BONUS): _____

