

# MODEL PRACTICE PAGE

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*CATEGORIZE THE FOLLOWING FOR EFFECTIVE ALIGNMENT WITH THE  
UNIVERSAL TRUTH. SOME HAVE MULTIPLE ANSWERS, BUT PICK THE ONE YOU  
WOULD USE.*

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C T F A R I HATE MY JOB.

C T F A R MY WIFE LEFT ME.

C T F A R MY WIFE UPSETS ME.

C T F A R MY BROTHER  
DISRESPECTS ME.

C T F A R I AM IN DEBT.

C T F A R I DON'T HAVE ENOUGH.

C T F A R I CAN'T LEAVE MY JOB.

C T F A R I WEIGHT 300 POUNDS.

C T F A R I HATE MY BODY.

C T F A R I AM SAD.

C T F A R I AM DEPRESSED.

C T F A R I FEEL FAT.

C T F A R I FEEL LIKE A FAILURE.

C T F A R I'VE HAD A HARD LIFE.

C T F A R I CAN'T KEEP DOING  
THIS.

C T F A R SHE DOESN'T LIKE ME.

C T F A R SHE WILL REJECT ME.

C T F A R I OVEREAT.

C T F A R I CAN'T SAVE.

C T F A R THERE IS NO TIME.

C T F A R I AM TOO BUSY.

C T F A R I HAVE SO MUCH TO DO.

C T F A R I LOST MY JOB.

C T F A R I WANT A JOB THAT  
PAYS MORE.

C T F A R \$100K PER YEAR.

C T F A R I WANT TO ELIMINATE  
DEBT.

C T F A R I NEED TO FIND A JOB.

C T F A R I FEEL STUPID.

C T F A R I AM MAD AT HER.

C T F A R I HATE HER.

C T F A R I AM 40 YEARS OLD.

C T F A R I AM SINGLE.

C T F A R I AM LOSING MY HOUSE.

C T F A R I AM SICK.

C T F A R I AM FRUSTRATED WITH  
MYSELF.