

FEELINGS LIST

ABRUPT
ABSORBED
ACCEPTING
ACHING
ACHY
ACTIVE
ADAPTABLE
ADEQUATE
ADMIRING
AFFECTIONATE
AFFLICTED
AGGRESSIVE
AGITATED
AGONIZED
AGORAPHOBIC
ALARMED
ALIENATED
ALLOWING
ALONE
AMAZED
AMUSED
ANGUISHED
ANIMATED
ANNOYED
ANTAGONISTIC
ANXIOUS
APPALLED
APPRECIATIVE
APPREHENSIVE
APPROACHABLE
APPROVING
ARGUMENTATIVE
ASHAMED
ASSURED
AT EASE
ATTACHED
ATTACKED
ATTACKING

ATTENTIVE
ATTRACTED
AUTHENTIC
AUTHORITATIVE
AVOIDING
AWARE
AWKWARD
BAD
BALANCED
BEAMING
BEAUTIFUL
BELITTLED
BITTER
BLESSED
BLINDSIDED
BLISSFUL
BLOCKED
BLUNT
BLUSHING
BOLD
BORED
BOSSY
BRAVE
BRIGHT
BRUTAL
BULLDOZED
BULLIED
BUMMED OUT
BURDENED
CALM
CAREFREE
CARING
CENTERED
CERTAIN
CHEERFUL
CHEERLESS
CHILDLIKE
CLEAR

CLOSE
CLOSED
COLD
COMBATIVE
COMFORTABLE
COMMUNICATIVE
COMPARING
COMPASSIONATE
COMPLAINING
COMPLETE
COMPOSED
COMPULSIVE
CONDEMNING
CONDESCENDING
CONFIDENT
CONFOUNDED
CONNECTED
CONSCIENTIOUS
CONSIDERATE
CONSTRUCTIVE
CONTENT
CONTRACTED
CONTRARY
CONTROLLING
COOPERATIVE
COURAGEOUS
COURTEOUS
COWARDLY
CRABBY
CRANKY
CRAVING
CREATIVE
CRITICAL
CROSS
CRUSHED
CRYING
CURIOUS
CUT OFF

FEELINGS LIST

DARING
DEFENSIVE
DEJECTED
DELIGHTED
DEMANDING
DEPRIVED
DESOLATE
DESPAIRING
DESPERATE
DESPICABLE
DESPONDENT
DEVASTATED
DEVOTED
DIMINISHED
DIRTY
DISAPPOINTED
DISCONNECTED
DISCONTENTED
DISCOURAGED
DISDAINFUL
DISGUSTED
DISHEARTENED
DISHONEST
DISILLUSIONED
DISMAYED
DISORIENTED
DISRESPECTFUL
DISRUPTED
DISSATISFIED
DISTANT
DISTRACTED
DISTRAUGHT
DISTRESSED
DISTRUSTFUL
DISTURBED
DOOMED
DOUBTFUL
DOWN

DOWNHEARTED
DRAWN
DREADFUL
DULL
DYNAMIC
EAGER
EARNEST
EASY
EASYGOING
ECSTATIC
EFFICIENT
ELATED
EMBARRASSED
EMBRACING
EMPATHETIC
EMPTY
ENCOURAGED
ENERGETIC
ENERGIZED
ENGROSSED
ENJOYING
ENRAGED
ENTHUSIASTIC
ENVOIOUS
EQUAL
EUPHORIC
EXASPERATED
EXCELLENT
EXCITED
EXHILARATED
EXPANSIVE
EXUBERANT
FAKE
FASCINATED
FATIGUED
FAULTFINDING
FEARFUL
FESTIVE

FIDGETY
FINE
FLEXIBLE
FLOWING
FLUID
FOCUSED
FORGIVING
FRAGILE
FREE
FRENZIED
FRIENDLY
FRIGHTENED
FRISKY
FROWNING
FRUSTRATED
FULFILLED
FUN LOVING
FUNNY
FURIOUS
GENTLE
GENUINE
GIVING
GLAD
GLARING
GLEEFUL
GLOOMY
GLORIOUS
GLOWING
GLUM
GOOD
GRACEFUL
GRACIOUS
GRATEFUL
GRATIFIED
GREAT
GRIEVED
GROANING
GROUCHY

FEELINGS LIST

GROUND
GRUMPY
GUARDED
GUILTY
HAGGARD
HAPPY GO LUCKY
HARD
HARDY
HARMONIOUS
HATEFUL
HEALTHY
HEARTBROKEN
HELPFUL
HESITANT
HITTING
HONEST
HONORED
HONORING
HOPEFUL
HOPELESS
HOSTILE
HOTHEADED
HUMBLE
HUMILIATED
HUMOR
HUNGRY
HURTFUL
IMMOBILE
IMPATIENT
IN GOOD
IN HEAVEN
IN HELL
IN THE ZONE
INCAPABLE
INCAPACITATED
INCENSED
INCOMPETENT
INDECISIVE

INDIGNANT
INEPT
INFERIOR
INFURIATED
INHIBITED
INJURED
INNOCENT
INQUISITIVE
INSECURE
INSENSITIVE
INSPIRED
INSULTED
INSULTING
INSULTING
INTELLIGENT
INTENT
INTERESTED
INTIMIDATED
INTOLERANT
INTRIGUED
INVADED
INVOLVED
IRATE
IRRITATED
JEALOUS
JITTERY
JOVIAL
JOYOUS
JUBILANT
JUDGMENTAL
KEEN
KIND
KINDLY
LAUGHING
LIBERATED
LIFELESS
LIGHT
LIGHTHEARTED

LISTENING
LONELY
LOST
LOUD
LOUSY
LOVED
LOW
MAD
MALICIOUS
MANIPULATIVE
MASOCHISTIC
MATURE
MEAN
MEANSPIRITED
MEDITATIVE
MELLOW
MENACED
MIFFED
MISERABLE
MISGIVING
MOANING
MOODY
MOROSE
MOTIVATED
MOURNFUL
NATURAL
NAUSEATED
NEGATIVE
NEGLECTFUL
NERVOUS
NO ENERGY
NON CONTROLLING
NONJUDGMENTAL
OBSERVANT
OBSSIVE
OFF
OFFENDED
OFFENSIVE

FEELINGS LIST

OFF KILTER
OK
ON TOP OF THE
WORLD
OPEN MINDED
OPTIMISTIC
OUT OF SORTS
OUTGOING
OVERBEARING
OVERJOYED
OVERSENSITIVE
OVERWHELMED
PAINED
PANICKED
PARALYZED
PARANOID
PASSIONATE
PATHETIC
PATIENT
PERPLEXED
PERSEVERANT
PESSIMISTIC
PETRIFIED
PHOBIC
PHONY
PLACID
PLAYFUL
PLEASED
POISONOUS
POWERLESS
PREJUDICED
PREOCCUPIED
PRESENT
PRIVILEGED
PRODUCTIVE
PUNISHING
PUSHY
QUARRELSOME

QUIET
RADIANT
RANTING
RAPTUROUS
REACTIVE
REBELLIOUS
RECEPTIVE
RECOILING
REFLECTIVE
REJECTED
RELAXED
RELIABLE
REMORSEFUL
REPRIMANDING
REPULSED
RESENTFUL
RESERVED
RESISTANT
RESOURCEFUL
RESPECTFUL
RESPONSIBLE
RESPONSIVE
RESTED
RESTLESS
RETALIATING
REVENGEFUL
RIGID
ROBOTIC
ROTTEN
RUDE
SADISTIC
SANE
SARCASTIC
SATISFIED
SCARED
SCOLDING
SCORNFUL
SCREAMING

SECRETIVE
SECURE
SEETHING
SELF CASTIGATING
SELF ABSORBED
SELF AFFIRMING
SELF CONSCIOUS
SELF CRITICAL
SELF DENIGRATING
SELF DEPRECATING
SELF HATING
SELF SUFFICIENT
SENSITIVE
SERENE
SERIOUS
SHAKY
SHALLOW
SHARING
SHARP
SHORT TEMPERED
SHRILL
SHUT DOWN
SHY
SICK
SINCERE
SLIGHTED
SLOUCHING
SLOW
SLUGGISH
SLUMPED
SMILING
SMOTHERED
SOLID
SORROWFUL
SOUR
SPIRITED
SPITEFUL
SPONTANEOUS

FEELINGS LIST

SPUNKY
SQUIRMING
STABLE
STEADY
STERN
STIFF
STILL
STILTED
STONEWALLING
STONY
STRESSED
STUBBORN
STUCK
SUFFERING
SULKY
SULLEN
SUNNY
SUPERIOR
SUPPORTED
SUPPORTIVE
SURE
SURPRISED
SUSPICIOUS
SWEARING
SWEET
SYMPATHETIC
TACTLESS
TAUT
TEARFUL
TENACIOUS
TENDER
TENSE
TERRIBLE
TERRIFIED
TERRITORIAL
THANKFUL
THOUGHTFUL
THREATENED

THRILLED
TICKED OFF
TICKLED
TIGHT
TIMID
TIRED
TOLERANT
TORMENTED
TORTURED
TOUCHED
TOUCHY
TRAPPED
TREMBLING
TROUBLED
TRUSTING
TRUTHFUL
TWITCHING
UNASSUMING
UNBENDING
UNBURDENED
UNCARING
UNCERTAIN
UNCOMFORTABLE
UNDERSTANDING
UNEASY
UNFAIR
UNHAPPY
UNHURRIED
UNINTERESTED
UNIQUE
UNPLEASANT
UNRESPONSIVE
UNSURE
UNWELCOMING
UNWORTHY
UPBEAT
UPLIFTED
UPSET

UPTIGHT
USELESS
VENOMOUS
VICTIMIZED
VIGOROUS
VINDICTIVE
VIOLENT
VULNERABLE
WAITING
WARM
WARY
WEAK
WEARY
WELCOMING
WITHDRAWN
WONDERFUL
WOOZY
WORLDLY
WORRIED
WRONGED
YELLING
YOUTHFUL