

DARE OF THE DAY

DAY 1

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

C: _____

T: _____

A: _____

R: _____

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

DARE OF THE DAY

DAY 2

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

C: _____

T: _____

A: _____

R: _____

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

DARE OF THE DAY

DAY 3

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

C: _____

T: _____

A: _____

R: _____

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

DARE OF THE DAY

DAY 4

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

C: _____

T: _____

A: _____

R: _____

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins or other markings on the paper.

DARE OF THE DAY

DAY 5

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

DARE OF THE DAY

DAY 6

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

DARE OF THE DAY

DAY 7

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

DARE OF THE DAY

DAY 8

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

DARE OF THE DAY

DAY 9

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

DARE OF THE DAY

DAY 10

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

DARE OF THE DAY

DAY 11

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

DARE OF THE DAY

DAY 12

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

DARE OF THE DAY

DAY 13

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

C: _____

T: _____

A: _____

R: _____

[illegible]

DARE OF THE DAY

DAY 14

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

DARE OF THE DAY

DAY 15

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

C: _____

T: _____

A: _____

R: _____

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins or other markings on the paper.

DARE OF THE DAY

DAY 16

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

C: _____

T: _____

A: _____

R: _____

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on its right side, suggesting it's resting on a surface.

DARE OF THE DAY

DAY 17

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

C: _____

T: _____

A: _____

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins or other markings on the paper.

DARE OF THE DAY

DAY 18

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

DARE OF THE DAY

DAY 19

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

DARE OF THE DAY

DAY 20

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C:

T:

F:

A:

R:

DARE OF THE DAY

DAY 21

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

C: _____

T: _____

A: _____

R: _____

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

DARE OF THE DAY

DAY 22

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

DARE OF THE DAY

DAY 23

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

C: _____

T: _____

A: _____

R: _____

[illegible]

DARE OF THE DAY

DAY 24

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

C: _____

T: _____

A: _____

R: _____

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on its right side, suggesting it's resting on a surface.

DARE OF THE DAY

DAY 25

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

C: _____

T: _____

A: _____

R: _____

[illegible]

DARE OF THE DAY

DAY 26

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

DARE OF THE DAY

DAY 27

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

C: _____

T: _____

A: _____

R: _____

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on its right side, suggesting it's resting on a surface.

DARE OF THE DAY

DAY 28

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C: _____

T: _____

F: _____

A: _____

R: _____

C: _____

T: _____

A: _____

R: _____

[illegible]

DARE OF THE DAY

DAY 29

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C:

T:

F:

A:

R:

DARE OF THE DAY

DAY 30

WHAT IS YOUR DARE OF THE DAY?

WHAT IS YOUR THOUGHT ABOUT DOING IT?

COMPLETE A MODEL OF ALIGNMENT ABOUT YOUR FEAR OF IT.

C:

T:

F:

A:

R:
